

Bennachie Horizon's Evidence Checklist

When challenging an unfair SDS budget, the stronger your evidence, the harder it is to ignore. Use this list to prepare what you can before asking for a review.

Personal notes

- Daily routines that aren't supported (e.g. "needs help with meals but no hours allocated").
- Missed opportunities due to lack of funding (e.g. "can't attend weekly club because budget only covers 2 days").
- Stress or health impacts on the family if support is too low.

Official documents

- Copy of your *support plan* and *needs assessment*.
- Any recent *review paperwork*.
- Letters or reports from professionals (e.g. GP, therapist, teacher).
- Care diaries or logs if you already track support needs.

Financial information

- Invoices from services or activities that show real costs.
- Evidence of travel/transport costs related to support.
- Notes showing where your budget runs out before covering agreed needs.

Comparisons (optional)

- Anonymised examples from other families (never use names or identifiers).
- Differences in hours/rates for similar needs, recorded in your Budget Comparison Sheet.

 **Tip:** You don't need everything on this list. Even a few well-chosen examples can make a strong case that your budget isn't enough to meet assessed needs.